

**Attention Little Leaguers!**

**2010 Al Hammell Baseball Clinic @ The Dutchess Day School**  
**415 Rte. 343, Millbrook**

**Who:** Any Area Youth Baseball Player **Ages 7-12** interested in improving his baseball skills and preparing for the 2010 baseball season.

**What:** Baseball instruction and repetitions. Players will receive instruction in the fundamentals of throwing, fielding and hitting. Defensive instruction will include proper throwing and fielding technique and repetitions. Hitting instruction will include proper swing technique in addition to numerous offensive repetitions in the batting cages. Players will be separated into instructional groups based on age and level of ability.

**When: 1:00pm-3:00pm on 4 Saturdays March of 2010**

Clinic Dates: Saturdays March 6, 13, 20, 27

**Where: The Dutchess Day School located at 415 Rte 343, Millbrook, NY**

The facilities at The Dutchess Day School offer two separate gymnasiums: A “hitting” gymnasium equipped with multiple batting cages for maximum repetitions and a “defensive” gymnasium equipped with a dual bullpen area and open floor space for defensive instruction/repetitions.

**Cost/Payment: \$99 per player for the 4 week program.** Includes **8 hours** of baseball instruction and repetitions @ the Dutchess Day School in Millbrook. Full payment is due with registration. Detach, fill out the form below and follow instructions to register; **\*The clinic will be limited to the first 24 players to register in each age group. Registrations will be accepted on a first-come, first-served basis.**

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Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone #: \_\_\_\_\_ E-mail: \_\_\_\_\_

To reserve your spot mail this form with a check payable for \$99 to:

**Al Hammell Fundamental Sports Camps Inc.**

PO Box 509

Pleasant Valley, NY 12569

Questions? Call Al Hammell 845.527.0897